



Curriculum Vitae / Publication List

Professor Frank Röhrich
MD FRCPsych

Consultant Psychiatrist /
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GMC Number: 4456416
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GMC Full registration with specialist registration for General Psychiatry since September 1997; No 4456416

FRCPsych Membership No 803179

Education and Professional Qualifications

Medical Qualification 1983 - 1990, Ruhr-University of Bochum / University of Essen / Free University Berlin, Germany
State Exam Med (MBBS equivalent)

M.D. 1995, Free University Berlin
Thesis: Body image and body schema and their relationship with psychopathological symptoms in acute paranoid schizophrenia

Psychotherapist 1983 - 1986, Integrated Body oriented psychotherapy (M. Janssen, Netherlande / A. Addington, USA)
Education in Psychodynamic Therapy, 1996,
Department of Clinical Psychiatry, Free University Berlin

CCST in Psychiatry July 1997; Specialist Training in Psychiatry from 1991 - 1997, Department of Psychiatry, Kliniken im Theodor-Wenzel-Werk Berlin and Department of Neurology, Kliniken im Theodor-Wenzel-Werk Berlin

Professional Biography:

- From 1981 - 1983 I worked as a community support worker in a Psychiatric Day Centre for chronic mentally ill patients in Hagen, Germany.
- From 1983 – 1988 employment as part time psychiatric nurse assistant in acute psychiatric hospital (St. Johannes Hospital in Hagen/Germany)
- Training in Integrative Body psychotherapy from 1983 –1986 (M. Janssen, Netherlands / A. Addington, USA); since 1987 working as body psychotherapist in various settings.
- Medical Qualification (MBBS equivalent in Germany) in 1990.
- I completed my M.D. in 1995 at Free University Berlin/Germany, (Doctor of Medicine by Thesis): “Body concept and body schema and their relationship with psychopathological symptoms within acute paranoid schizophrenia”.
- Specialist Training in Psychiatry, Psychotherapy (Psychodynamic), Neurology and Psychosomatic Medicine from 1990 – 1997 and CCST in Psychiatry July 1997.
- Since 1997 (Nov) to date Consultant Psychiatrist, Newham Community NHS Trust / East London & the City University Mental Health NHS Trust, now East London NHS Foundation Trust / ELFT.
- 2000 to 2013 Clinical Director for Adult Mental Health in Newham / London
- Since October 2013 Associate Medical Director for Research & Innovation ELFT
- Since April 2018 Medical Director for Research, Innovation and Medical Education

Memberships and Appointments:

- Since 1998: Member of Royal College of Psychiatrists (MRCPsych); 2010 FRCPsych
- 2000-2008: Honorary Senior Lecturer at Queen Mary University of London.
- Since 2003: Member of the German Association for Psychosomatic Medicine
- Since 2000: Member European Association of Body Psychotherapy
- Since 2005: Patron of the Association for Dance Movement Psychotherapy UK.
- 2008-2011: Visiting Professor University of Hertfordshire
- 2011-2017: Honorary Professor University of Essex (Centre for Psychoanalytic Studies)
- Since 2012: Honorary Professor of Psychiatry St George’s Medical School, University of Nicosia / Cyprus
- Since 2017: Honorary Professor of Psychiatry, Wolfson Institute of Preventive Medicine, Queen Mary University of London

Research profile / main topics:

1. Body image phenomenology and Embodiment in mental illnesses
2. Evaluation of Body Psychotherapy for severe mental illness (chronic schizophrenia, chronic depression, somatoform disorder/Medically Unexplained Symptom Disorders)
3. Evaluation of other innovative treatments: e.g. Ego-Consolidation Module for psychosis;
4. Transcultural variety of ego-psychopathology in schizophrenia; Religiosity and Spirituality as coping and healing mechanism
5. Prodromal signs and basic symptoms in first episode psychosis
6. Recovery care models for patients with severe and chronic mental disorder
7. Care pathway development/technology assisted intervention for self-management/ recovery
8. Integrative mental health care models: Group clinics, Architecture and Mental Health, etc.

With several publications and through on-going research activities I am currently one of the leading researchers in the international field of Body Image Phenomenology and Body Psychotherapy in Mental Illness; my book publication on body-psychotherapy (2000) is the first textbook covering the innovative field of body-oriented psychotherapy in psychiatry. Subsequently, I developed and evaluated treatment manuals for novel psychotherapeutic intervention strategies in anorexia nervosa and somatoform disorders and for patients suffering from chronic schizophrenia with marked and dominating negative symptoms. This approach is now recognised by NICE/UK as treatment for negative symptoms in schizophrenia (NICE schizophrenia update, March 2009). Other projects: Transcultural variety of ego-pathology; neuropsychological base of cenesthopathic schizophrenia, Self-harm and long-term outcomes, Off-licence prescribing of atypical neuroleptics (Melperone). Evaluation of new care pathways for functional disorders (MUS/somatoform disorders / conversion syndromes); Mobile technology health solutions for patients with SMI.

International and national academic research collaboration (1995 to date):

- ✚ Cooperation with Professor Stefan Priebe (up to 1997 Free University of Berlin, since then Chair Unit for Social and Community Psychiatry at Bart's/Queen Mary University of London): projects involving research on body image phenomenology, evaluation of body psychotherapy, importance of religious and spiritual beliefs for pathology in psychosis and also service development/evaluation (e.g. Day Hospital)
- ✚ Cooperation with Professor Christian Scharfetter, University Clinic of Psychiatry, Zürich / Switzerland: Projects involving novel psychological intervention strategy in schizophrenia (ego-consolidation modules); prevalence of ego-psychopathology
- ✚ Professor Peter Joraschky, Head of Department of Psychotherapy and Psychosomatics, University of Dresden / Germany and Professor Peter Henningsen, Head of Department of Psychotherapy and Psychosomatics, University of Munich / Germany: multi-centre-trial, evaluating manualised body psychotherapy in somatoform disorders
- ✚ Professor Thomas Loew, Head of Department of Psychotherapy and Psychosomatics, University of Regensburg: body image phenomenology and BPT (reviews)
- ✚ Professor Hedda Lausberg, Head of the Department of Neurology, Psychosomatic Medicine, and Psychiatry; Institute of health promotion and clinical movement science at German Sport University Cologne: movement analysis and non-verbal interaction
- ✚ Co-founder of Dresdener "Werkstatt" for Body image research in 1999
- ✚ Professor David Winter, University of Hertfordshire: Processes in body oriented psychological therapy for schizophrenia (Repertory-Grid analysis)
- ✚ Professor Jürgen Seewald and Professor Ulfried Geuter, University of Marburg / Germany: Qualitative research methods in psychotherapy research
- ✚ Professor Richard Bentall, University of Liverpool & Professor Giovanni Stanghellini, University of Chieti/Italy: Abnormal bodily sensations and disturbed self-experiences in the at-risk and prodromal stages of psychosis
- ✚ Professor Renos Papadopoulos (CPS, University of Essex): Fostering resilience, social inclusion and prevention of health problems amongst refugees
- ✚ Professor Shaun Gallagher (USA) and Professor Daniel Hutto (Australia): Embodiment and Enactivism, application in the context of body psychotherapy
- ✚ Professor Martin Voss (Charite University Hospital Berlin): Architecture, milieu therapy and mental health
- ✚ Professor Giovanni Stanghellini (Cieti/Italy): phenomenological psychopathology, prodromal syndromes, first episode psychosis

I have experience in supervising PhD and doctorate projects/students.

Research Grants:

- ✚ Randomised controlled trial on body psychotherapy in schizophrenia patients with negative symptoms: Terpsichore Trust: £7.500 (2007, trial completed, results published)
- ✚ Multi-Centre pilot trial for the evaluation of manualised body psychotherapy in somatoform disorders: German Association of Body Psychotherapy: €30.000 (Lead applicant, 2008; trial completed)
- ✚ Body psychotherapy in chronic depression: German Association of Body Psychotherapy: €10.000 (Lead applicant, 2010, trial completed, results published)
- ✚ Effectiveness and Cost-Effectiveness of Body Psychotherapy in the Treatment of Negative Symptoms of Schizophrenia – A multi-centre randomised controlled trial, NESS: £ 1.4 million (Co-applicant, 2011, trial completed, papers published)
- ✚ NIHR Research for Patient Benefit and SHINE Trust: re “Innovative engagement and treatment programme for patients with medically unexplained symptoms in Primary Care”: £75000 (lead applicant, pilot under way, to be completed December 2015)
- ✚ NIHR Research for Patient Benefit re “Mindfulness meditation using a smart-phone application for women with chronic pelvic pain” MEMPHIS: £450.000 (Co-applicant, trial completed)
- ✚ The Health Foundation Innovating for Improvement Grant: “Mobile technology health solutions for patients with severe mental illness - A feasibility pilot RCT” £ 75000-£100k (Chief Investigator/Lead applicant, started May 2016)
- ✚ The Health Foundation Innovating for Improvement Spreading and Dissemination Grant re findings of MUS pilot trial: £30k, under way)
- ✚ CCG Tower Hamlets: MUS pilot trial Body Psychotherapy in primary care £86209 (starting April 2019)
- ✚ Health Education England: Developing a new tool for professional supervision £50000
- ✚ Grants currently applied for or:
 1. NIHR Health Services and Delivery Research Programme; Evaluating group clinics for people with long-term conditions; £725,672.00, co-applicant

Reviewer activities:

- ✚ Conducting peer reviews for several journals including: “Journal of Psychosomatic Research”, “Transcultural Psychiatry”, “Humanities”, “Journal of Mental Health”, “ISRN Psychiatry “ and other Hindawi online journals, “Clinical Psychology and Psychotherapy”, “The Psychiatrist”, European Psychiatry”, “Comprehensive Psychiatry”, “Psychiatric Bulletin/Psychiatrist”, American Psychology Association, “European Psychology”, "Body Movement and Dance in Psychotherapy”, “Cyprus Health”, “Frontiers in Cognition”, “Zeitschrift für Gesundheitspsychologie”; “Religions”; “Philosophy, Psychiatry, Psychotherapy”; “BMC research”; “BMC Psychiatry”, “Comprehensive Psychiatry”.
- ✚ Editorial Board Arts in Psychotherapy; Member of International Advisory Board of International Body Psychotherapy Journal and Cyprus Health Journal; Co-Editor German journal Koerper-Tanz-Bewegung
- ✚ Peer reviews for research grants (e.g. Raine Medical Research Foundation, University of Western Australia and ZonMv- The Netherlands Organisation for Health Research and Development)
- ✚ Reviewer for NHS National Institute of Health Research / UK

Clinical Management experiences and achievements:

In 1997, mental health services in Newham/East-London (one of the most socially deprived and ethnically diverse areas in the UK) were only very sparsely provided, disintegrated and suffered very bad reputation.

As Clinical Lead from 1999 and from 2000 – 2013 as Clinical Director in Newham / East-London (population appr. 250000) I have been one of the main driving forces for the overall reconfiguration and development of services, providing strategic and clinical leadership for service improvement and the local implementation of NSF/NHS plan requirements, delivering modern and evidence based mental health care and I hereby contributed to the successful Foundation Trust application. Newham mental health services are now perceived as a centre of excellence and consistently achieve best results in National Surveys and with regard to local and national Key Performance Indicators etc..

I took a strategic clinical lead for the introduction of a new integrated operational system for all incoming referrals and primary care engagement amongst one of the first MH organisations across the UK in 1999. This successfully introduced a radically new way of managing referrals. At my initiative a think-tank with users, clinicians and managers was established locally in order to develop shared values for service provision in East-London in 2000. I developed a new Psychosomatic Liaison Psychiatry service, originally overseen by a Steering group and based upon links with both national and international experts. I contributed significantly to various changes in existing operational policies, enabling services to cope with growing demand within the framework of given resources.(i.e. bed-management panel, developing a policy for the integration of outpatient clinics with CMHTs, driving a whole-systems community review action plan). I safely and effectively managed the organisation through four subsequent years of significant Cash Release Efficiency Savings according to national requirements. Other achievements in detail as Clinical Director:

- ✚ Successful delivery of a 10-year estates programme, developing a range of new service sites, including purpose built mental health hospital (private finance initiative) according to highest standards, providing modern facilities to service users
- ✚ Overseeing the implementation and evaluation of a new alternative for inpatient treatment: the Acute Day Hospital (virtual ward) model
- ✚ Despite highest deprivation index / high morbidity rates and relatively low number of acute beds in busy inner-city borough, cost-effective management of inpatient and community resources, with one of the units with lowest length of stay for inpatient care across the UK. The Newham Centre for Mental Health was amongst the first mental health hospitals across the UK achieving AIMS-accreditation standard excellent (all four acute wards amongst 12 across UK in first wave)
- ✚ For two years I contributed to the East London Modernisation Think Tank. I launched an initiative supported by the London Development Centre for positive clinical risk management in partnership with service users
- ✚ Local champion for implementation of Department of Health / DoH demonstration/pilot site: Improving Access to Psychological Therapies (IAPT)
- ✚ Member of the DoH National Mental Health Risk Management Programme ‘Risk Assessment and Management Tools and Methods’ Expert Advisory Group (Guidance published on DoH website in July 07): Best practice in managing risk: principles and guidance for best practice in the assessment and management of risk to self and others in mental health services in the UK.
- ✚ Member of the National Care Programme Approach / CPA scoping group, aiming to identify principles for good practice in community care, defining core competencies

- ✚ Completion of numerous research project, establishing efficacy of novel psychological intervention strategy for patients with severe mental illness (chronic schizophrenia, chronic depression, somatoform disorder): www.frankrohricht.com/ / <http://rohricht.dot5hosting.com>
- ✚ On my initiative and under my supervision, a new community treatment service for patients with somatoform disorders / MUS has been developed and the service is now fully operational and considered by the DoH pathfinder project as centre of excellence.
- ✚ I am an expert advisor for the government / DoH for the expansion of the IAPT services and development of evidence based psychological therapy for Severe Mental Illness and Long Term Conditions/ Medically Unexplained Syndromes (chairing the outcome evaluation group)

I have experience in managing health care budgets and for 13 years as clinical director I was the sole budget holder for the medical staffing budget of £4.4 million across four cost centres for a medical workforce of 46 contracted doctor posts (including 16 consultants).

Despite my commitments as Clinical Director, researcher and lecturer on both national and international conferences, I have been fully and equally responsible for a very busy inner-city catchment area with 35000 residents in Newham as Consultant Psychiatrist ever since I took up my post in 1997 and until October 2013 when I changed roles. The clinical care provided by my in- and outpatient teams was of highest standard. Bed occupancy rates and the number of serious untoward incidents in my catchment area have been consistently lower than in most other inner-city areas and performance indicators showed one of the lowest re-admission rates in the Trust and nationally over a period of 10 years.

In November 2013 I took on a new management role across ELFT: Associate Medical Director for Research, Innovation and Service Development, since 03/18 this is a Medical Director role. In this new role I significantly contributing to the CCQ rating of “Outstanding” acquired in 2016:

- engaging staff in a multitude of ways in discussing, exploring, developing and getting involved with the research agenda in general; the main focus here was on understanding the capacity, background, experience amongst ELFT staff and capturing their aspirations, visions and ideas relevant for research conduct and implementation; fostering closer collaboration between academic and clinical staff and also across academic teams was achieved whilst setting up two Clinical Academic Groups.
- exploring and understanding how the research & innovation agenda can best link in with, compliment and inform ELFTs Quality Improvement programme and how it relates to ELFTs annual plan and national priority areas for service development.
- information gathering and brokering to put the research & innovation agenda on the map across the management structures within ELFT (DMTs, Governance & Assurance, etc.).

A selection of current projects:

- Revision of all clinical documentation systems, developing new electronic clinical recording tools for assessment and care planning that will drive recovery care practice
- Setting up a national practice innovation network, initial focus towards primary secondary mental health care pathways and curricula for primary mental health care workers
- Developing structured aiding tools for professional staff supervision
- New models of community recovery care, replacing traditional models of routine appointment management and case management by needs based approaches and real time monitoring utilising telehealth technology interventions; clinic for treatment resistant psychosis
- Developing integrated Psychosomatic Clinics across primary care services for LTC/MUS, teaching and training web-based platform with teaching tools for primary mental health care

- Constructing an entirely new and recovery care focused Care Programme Approach (CPA) process based upon the structured engagement and solution-focused therapy tool 'DIALOG+'
- piloting and championing the delivery of a novel "One-stop-shop" integrated primary care service for MUS sufferers (shortlisted for the HSJ value award 2017)

As Medical Director I am responsible for undergraduate and postgraduate medical education of all trainees employed through or placed within service provided by East London NHS Foundation Trust. The portfolio furthermore includes Research & Development as well as service innovation.

Teaching and Training activities:

1992 – 1994: Teaching on a course in psychiatry and neurology for psychiatric nursing at the "Wannsee" school in Berlin

since November 1997 (over 30 years of experience):

1. Co-ordinating/participating in and supervising Undergraduate psychiatric and psychotherapy teaching.
2. Post-graduate teaching for trainees in Psychiatry
3. Lecturing on psychiatry and psychotherapy at various Mental Health Trust and UK universities due to honorary appointments (see above)

since January 2005: Lecturer on integrative body psychotherapy at Institute for education and postgraduate training in clinical cognitive behaviour therapy in Bad Dürkheim/Germany.

Extensive experience as lecturer on international and national Symposia and Congresses (including numerous key note presentations).

I developed a teaching tool for suicide/self harm and rolled this out to all community teams.

List of publications



1.1. Peer reviewed Journals (published), impact factor listed

- Bröker, M., Röhricht, F. & Priebe, S. (1995) Initial assessment of hospital treatment by patients with paranoid schizophrenia: A predictor of outcome. *Psychiatry Research* 58, 77-81. *IF* 1.473
- Röhricht, F. & Priebe, S. (1996) Body image in patients with acute paranoid schizophrenia. A longitudinal study. *Nervenarzt* 67, 602-607. in German *IF* 0.557
- Röhricht, F. & Priebe, S. (1997) Disturbances of body experience in schizophrenic patients. A review. *Fortschritte Neurologie Psychiatrie* 65, 323-336. in German *IF* 0.670
- Röhricht, F. & Mackert, A. (1998) Schizophrenia simplex, schizotypal disorder and compulsion – differential diagnostic considerations. *Psychiatrische Praxis* 25, 44-46. in German *IF* 2.149
- Priebe, S. & Röhricht, F. (2001) Specific body image pathology in schizophrenia. *Psychiatry Research* 101, 289-301. *IF* 1.775
- Röhricht, F. & Priebe, S. (2002) Do cenesthesias and body image aberration characterise a subgroup in schizophrenia. *Acta Psychiatrica Scandinavica* 105, 276-282. *IF* 2.107
- Röhricht, F. Beyer, W. & Priebe, S. (2002) Disturbances of body experiences in acute Anxiety and Depressive Disorders – Neuroticism or Somatization? *Psychotherapie Psychosomatik Medizinische Psychologie* 52, 205-213. in German *IF* 1.043
- Röhricht, F. (2002) Clinical Body Psychotherapy – State of the art. *Praxis Klinische Verhaltenstherapie und Rehabilitation* 59, 182-189. in German
- Röhricht, F. & Priebe, S. (2004) Ego-pathology and common symptom factors in schizophrenia- new data on an old concept. *Journal of Nervous and Mental Disease* 192, 446-449. *IF* 1.457
- Röhricht, F., Seidler, KP., Joraschky, P., Borkenhagen, A., Lausberg, H., Lemche, E., Loew, T., Porsch, U., Schreiber-Willnow, K., Tritt, K. (2005) Consensus paper on the terminological differentiation of various aspect of body experience. *Psychotherapie Psychosomatik Medizinische Psychologie* 55, 183-90. in German *IF* 1.043
- Röhricht, F. & Priebe, S. (2006) Effect of body oriented psychological therapy on negative symptoms in schizophrenia: a randomised controlled trial. *Psychological Medicine* 36, 669-678. *IF* 3.119
- Loew, T., Tritt, K., Lahmann, C. & Röhricht, F. (2006) Body psychotherapy – scientifically proved? An overview of empirically evaluated body oriented psychological therapies. *Psychodynamische Psychotherapie* 5, 6-19. in German

- Röhricht F. (2006) Editorial: Körperpsychotherapie im Wandel – vom Erfahrungswissen zur Wissenschaft. *Psychodynamische Psychotherapie* 5, 1-5. in German
- Borkenhagen A., Röhricht F., Preis S., Schneider .W & Brähler E., &. (2007) Changes in Body Image and Health-Related Quality of Life Following Breast Reduction Surgery in German Macromastia Patients: a new tool for measuring body image changes. *Annals of Plastic Surgery* 58, 364-370. IF 0.520
- Jenkins, G. & Röhricht, F. (2007) From cenesthesias to cenesthopathic schizophrenia: a historical and phenomenological review. *Psychopathology* 40, 361-368. IF 0.469
- Röhricht, F., Priebe, S. & Papadopoulos, N. Ego-pathology, body (self) experience and body psychotherapy in chronic schizophrenia. (2009) *Psychology and Psychotherapy: Theory, Research and Practice* 82, 19-30. IF 0.61
- Lahmann, C. , Witt, S., Schuster, T., Sauer, N., Ronel, J., Noll-Hussong, M., Nickel, M., Tritt, K., Nowak, D., Röhricht, F. & Loew, T. (2009) Functional Relaxation and Hypnotherapeutic Intervention as Complementary Therapy in Asthma: a randomized, controlled clinical trial. *Psychotherapy and Psychosomatics* 78, 233–239. IF 5.02
- Röhricht, F., Suzuki, I., Basdekis-Jozsa, R., Sidhu, J., Mukhtar, A. & Priebe, S. (2009) The association of religiosity, spirituality and ethnic background with ego-pathology in acute schizophrenia. *Mental Health Religion and Culture* 12, 515 – 526.
- Röhricht, F. (2009) Body oriented psychotherapy – the state of the art in empirical research and evidence based practice: a clinical perspective. *Body, Movement and Dance in Psychotherapy. An International Journal for Theory, Research and Practice* Vol. 4, 135–156.
- Lahmann, C., Röhricht, F., Sauer, N., Ronel, J., Noll-Hussong, M., Henrich, G., Nickel, M., Tritt, K. & Loew, T. (2010) Functional relaxation as complementary therapy in irritable bowel syndrome: a randomized, controlled clinical trial. *Journal of Alternative and Complementary Medicine* 16, 47-52. IF 1.4
- Röhricht, F. & Gudi, A. (2010) Medically unexplained physical symptoms masking (cenesthopathic) schizophrenia: A case series. *Journal of Psychiatric Practice* 16, 258-264. IF 1.9
- Röhricht, F. (2011) Das theoretische Modell und die therapeutischen Prinzipien/Mechanismen einer integrativen Körperpsychotherapie bei somatoformen Störungen [The theoretical model and the the therapeutic principles of integrative body psychotherapy in the treatment of somatoform disorder]. *Psychotherapie Wissenschaft* 1, 5-13.
- Röhricht, F., Papadopoulos, N., Holden, S., Clarke, T. Priebe, S. (2011) Clinical effectiveness and therapeutic processes of body psychotherapy in chronic schizophrenia – an open clinical trial. *Arts in Psychotherapy* 38, 196-203. IF 0.6

- Hammill, M., Smith, L. & Röhricht, F. (2012) 'Dancing down memory lane': Circle Dancing as a Psychotherapeutic intervention in Dementia – A pilot study. *Dementia: The International Journal of Social Research and Practice*. September 13, online first publication. 11, 709-724.
- Röhricht, F. (2011) Leibgedächtnis und Körper-Ich: zwei zentrale Bezugspunkte in der störungsspezifischen körperorientierten Psychotherapie. *Psychologie in Österreich* 4, 239-248.
- Elanjithara, Th. & Röhricht, F. (2011) Hidden burdens. Role of depression in somatic presentations. Poster publication Royal college of Psychiatrists Annual conference.
- Röhricht, F., Gadhia, S., Alam, R. & Willis, M. (2012) Clinical outcomes after introducing off-licence prescribing of atypical antipsychotic Melperone in a mental health trust. Published online 2012 April 1. doi: [10.1100/2012/512047](https://doi.org/10.1100/2012/512047)
- Priebe, S., Savill, M., Reininghaus, U., Wykes, T., Bentall, R., Lauber, C. McCrone, P., Röhricht, F., & Eldridge, S. (2013) Effectiveness and cost-effectiveness of body psychotherapy in the treatment of negative symptoms of schizophrenia – a multi-centre randomised controlled trial. *BMC Psychiatry* 2013, 13:26.
- Röhricht, F., Papadopoulos, N., & Priebe, S. (2013) An exploratory randomized controlled trial of body psychotherapy for patients with chronic depression. *Journal of Affective Disorders* 151, 85–91. IF 3.5
- Papadopoulos, N. & Röhricht, F. (2013) An investigation into the application and processes of manualised body psychotherapy for depressive disorder in a clinical trial. *Body, Movement and Dance in Psychotherapy. An International Journal for Theory, Research and Practice*. DOI: [10.1080/17432979.2013.847499](https://doi.org/10.1080/17432979.2013.847499)
- Röhricht, F., Gerken, S., Stupiggia, M. & Valstar, J. (2013) Body Psychotherapy. *Clinical Roundup Selected Treatment Options for Anxiety. Alternative and Complementary Therapies*, 19, 340.
- Röhricht, F. & Elanjithara, Th. (2014) Management of medically unexplained symptoms: outcomes of a specialist liaison clinic. *Psychiatric Bulletin*, 1-6, DOI: [10.1192/pb.bp.112.040733](https://doi.org/10.1192/pb.bp.112.040733)
- Röhricht, F., Butler, S., Gerken, S., Grassmann, H., Valstar, J. & Young, C. (2014) Body Psychotherapy. *Clinical Roundup Selected Treatment Options for Depression. Alternative and Complementary Therapies*, 20(1), 52-59.
- Röhricht, F., Gallagher, S., Geuter, U. & Hutto, DD.: (2014) Embodied cognition and body psychotherapy: the construction of new therapeutic environments. *SENSORIA — A journal of mind, brain, and culture*, 10, DOI: <http://dx.doi.org/10.7790/sa.v10i1.389>
- Priebe, S., Savill, M., Wykes, T., Bentall, RP., Reininghaus, U., Lauber, C., Bremner, S., Eldridge, S. & Röhricht, F. (2016) Effectiveness of group body psychotherapy for negative symptoms of schizophrenia: multicentre randomised controlled trial. *The British Journal of Psychiatry*, *bjp.bp.115.171397*; DOI: [10.1192/bjp.bp.115.171397](https://doi.org/10.1192/bjp.bp.115.171397)

Röhricht, F., Waddon, G. K., Binfield, P., England, R., Fradgley, R., Hertel, L., ... & Oppong, M. (2017). Implementation of a novel primary care pathway for patients with severe and enduring mental illness. *BJPsych Bull*, 41(6), 314-319.

Fuchs, T., & Röhricht, F. (2017). Schizophrenia and intersubjectivity: An embodied and enactive approach to psychopathology and psychotherapy. *Philosophy, Psychiatry, & Psychology*, 24(2), 127-142.

Röhricht, F., Zammit, I., & Papadopoulos, N. (2017). Novel primary care treatment package for patients with medically unexplained symptoms: a cohort intervention study. *BJGP Open*, 1(4), bjpgopen17X101121.

Papadopoulos, N. & Röhricht, F. (2018) A single case report of Body Oriented Psychological Therapy for a patient with Chronic Conversion Disorder, *Arts in Psychotherapy*, 61, 38-43. <https://doi.org/10.1016/j.aip.2018.09.001>

Winter D, Malighetti C, Cipolletta S, Benson B, Ahmed S, Röhricht F. (2018) Construing and body dissatisfaction in chronic depression: a study of body psychotherapy. *Psychiatry Research*, 270, 845-851.

Röhricht F. (2019) Quo Vadis Körperpsychotherapie? – eine kritische Bestandsaufnahme anlässlich des Gutachtens des Wissenschaftlichen Beirats Psychotherapie zum Antrag der AGHPT. *Koerper Tanz Bewegung*

Curwen A., Fernandes J, Howison R, Binfield P, Rohricht F & Giacco D. (2019) Exploring experiences of people participation activities in a British national health service trust: a service user-led research project. *Research Involvement and Engagement* 5:5. <https://doi.org/10.1186/s40900-019-0140-8>

Röhricht, F., Sattel, H, Kuhn, C., Lahmann, C. (2019) Group body psychotherapy for the treatment of somatoform disorder - a randomised controlled feasibility study. *BMC Psychiatry*, in press

1.2. Peer reviewed Journals (in press / submitted for publication)

Röhricht, F., Papadopoulos, R. & Samoutis, G.: *Healthcare at tipping point: targeting long-term conditions – a clinically informed collaborative approach.*

Röhricht, F.: *Body psychotherapy & Psychoanalysis from Wilhelm Reich to a modern relational & embodied approach*

Rivas, C. et al: *Mhealth – Using a Mindfulness App for women with chronic pelvic pain: Qualitative data analysis of user experience and lessons learnt; BMJ open*

Forbes G, Newton S, Cantalapiedra C, Birch J, Dodds J, Steed E, Rivas C, Khan KS, Rohricht F, Taylor SJC, Kahan B, Ball E. *A smartphone app using psychological approaches for women with chronic pelvic pain (MEMPHIS): a randomised feasibility trial. submitted*

2. Book Publications

Frank Röhricht & Stefan Priebe (Eds.) (1998) *Körpererleben in der Schizophrenie. [Body experience in schizophrenia]*. Göttingen-Bern-Toronto-Seattle: Hogrefe.

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